

# Passaic Arts & Science Elementary School

## August/September 2017 Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th. Look out for the Jersey Fresh Symbol on the lunch line!  
**Local produce decreases the food miles from the farm to your cafeteria. Local fruits and vegetables are in season and taste great!**

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.90  
 Reduced Lunch \$0.40  
 Adult Lunch \$3.75

### Maschio's Swap Outs

- Monday:** Turkey & Cheese Sandwich
- Tuesday:** Italian Sub Sandwich
- Wednesday:** Bologna Sandwich
- Thursday:** Crispy Chicken Salad with Dinner Roll
- Friday:** Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

- Halal Sandwiches Available Daily**
- Peanut Butter & Jelly Sandwich
  - Yogurt Bag
  - Bagel Bag
  - Cereal Bag

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**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Monday	Tuesday	Wednesday	Thursday	Friday
28 <b>Welcome Back!</b> <b>Crispy Chicken Sandwich</b> Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet	29 <b>Grilled Cheese Sandwich</b> Tomato Soup Freshly Prepared Garden Salad Fresh or Chilled Fruit	30 <b>Corn Dog Nuggets</b> Baked Beans Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit	31 <b>Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa</b> Corn Fresh or Chilled Fruit	1 <b>Personal Pan Pizza</b> Fresh Veggie Dippers Fresh or Chilled Fruit
4 <b>Labor Day</b> <b>School Closed</b>	5 <b>Grilled Chicken Sandwich with Lettuce &amp; Tomato</b> Seasoned Potato Wedges Fresh or Chilled Fruit	6 <b>Meatball Parm Sandwich</b> Smile Fries Fresh or Chilled Fruit	7 <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit	8 <b>Bella's Pizza</b> New York Style Freshly Prepared Garden Salad Fresh or Chilled Fruit
11 <b>Chicken Nuggets</b> Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit	12 <b>Taco Tuesday</b> <b>Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa</b> Steamed Rice Black Bean and Corn Salad Fresh or Chilled Fruit	13 <b>Lucky Tray Day</b> <b>Macaroni &amp; Cheese</b> Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit	14 <b>Hamburger or Cheeseburger on a Bun</b> French Fries Fresh or Chilled Fruit	15 <b>Stuffed Crust Cheese Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
18 <b>Popcorn Chicken with Dipping Sauces</b> Buttered Noodles Carrots Fresh or Chilled Fruit	19 <b>Breakfast for Lunch</b> <b>Waffles</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 <b>Pasta with Meat Sauce</b> Warm Garlic Breadstick Green Beans Strawberry Applesauce	21 <b>SCOOP-A-BOWL</b> Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! <sup>®</sup> Tortilla Chips Steamed Corn Fresh or Chilled Fruit	22 <b>Mini Cheese Pizza Bagels</b> Fresh Veggie Dippers Fresh or Chilled Fruit
25 <b>Grilled Chicken Sandwich with Lettuce &amp; Tomato</b> Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit	26 <b>Johnny Appleseed Day</b> <b>Grilled Cheese Sandwich</b> Tomato Soup Freshly Prepared Garden Salad Locally Grown Apple	27 <b>Corn Dog Nuggets</b> Baked Beans Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit	28 <b>Pasta Alfredo with Locally Grown Roasted Vegetables</b> Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	29 <b>Bella's Pizza</b> New York Style Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit



## Jersey Fresh Farm to School Week

Our well-balanced lunches available for the week, average between **550-650 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns?  
 Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
 or Call Maschio's Food Services at: (862)247-8510



"This institution is an equal opportunity provider"

MENU SUBJECT TO CHANGE