

Passaic Arts & Science High School

January 2018
Lunch Menu

Student Lunch \$2.90 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Halal
Great
Grillers**

Hamburger or Cheeseburger on a Bun
Buffalo or Chicken Patty on a Bun
Hot Dog on a Bun

**Deli
Central**

Halal Sandwiches Available Daily
Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Tuna Salad Sandwich

Peanut Butter & Jelly Sandwich

**Harvest
Market**

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily
Fridays– Assorted Specialty Salads

Our well-balanced lunches available for the week, Average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 New Year's Day School Closed</p>	<p>2 Chicken Tenders Basket with Soft Pretzel Stick and Tater Tots Fresh or Chilled Fruit</p>	<p>3 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Oven Baked Fries Fresh or Chilled Fruit</p>	<p>4 National Spaghetti Day Spaghetti Bar Choice of Meatballs & Marinara, Meat Sauce, or Alfredo Sauce Garlic Breadstick Sautéed Green Beans 100% Juice Sorbet Fresh or Chilled Fruit</p>	<p>5 Twisted Cheesy Breadsticks with Marinara Sauce Pasta Marinara Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>8 Meatball Parm Hero Fresh Veggie Dippers Fresh or Chilled Fruit</p>	<p>9 New Recipe! Bacon, Chicken, and Cheese Quesadilla with Shredded Lettuce, Diced Tomatoes, & Salsa Southwestern Corn Fresh or Chilled Fruit</p>	<p>10 Breakfast For Lunch Sausage, Egg, & Cheese on a Croissant Hash Browns Fresh or Chilled Fruit</p>	<p>11 National Milk Day Buffalo Chicken or Creamy Mac & Cheese Warm Breadstick Steamed Broccoli Fresh or Chilled Fruit</p>	<p>12 Bella's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>15 Martin Luther King Jr. Day School Closed</p>	<p>16 New Recipe! Chicken Fajita Fries Soft Pretzel Sticks Black Bean & Corn Salad Fresh or Chilled Fruit</p>	<p>17 Pizza Burger on a Bun with Mozzarella Cheese & Marinara Sauce Emoji Fries Fresh Cucumber Dippers Fresh or Chilled Fruit</p>	<p>18 Hot Open-Faced Turkey Sandwich with Gravy Mashed Potatoes Green Beans Fresh or Chilled Fruit</p>	<p>19 New Item! Rich's Pizza Crunchers with Marinara Sauce Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>22 Grilled Ham & Cheese Melt on a Pretzel Bun Tomato Soup Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>23 Taco Tuesday Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>24 Winter Picnic BBQ Grilled Chicken & Cheddar Cheese Sandwich Country Slaw Baked Beans Fresh or Chilled Fruit</p>	<p>25 Chicken Tender Rice Green Peas Fresh or Chilled Fruit</p>	<p>26 Personal Pan Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit</p>
<p>29 New Recipe! Plain or Buffalo Chicken Cheesesteak Hero Spiral Fries</p>	<p>30 Breakfast for Lunch Bacon, Egg, & Cheese Sandwich Maple Cinnamon Sweet Potato Tots Strawberry Applesauce Fresh or Chilled Fruit</p>	<p>31 Pasta Alfredo with Chicken and Broccoli Garlic Bread Fresh or Chilled Fruit</p>	<p>2018 HAPPY NEW YEAR!</p>	

MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (973) 928-5544

