

Passaic Arts & Science High School

March 2018
Lunch Menu

Student Lunch \$2.90 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Halal
Great
Grillers**

Hamburger or Cheeseburger on a Bun
Buffalo or Chicken Patty on a Bun
Hot Dog on a Bun

**Deli
Central**

Halal Sandwiches Available Daily
Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Tuna Salad Sandwich

Peanut Butter & Jelly Sandwich

**Harvest
Market**

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily
Fridays– Assorted Specialty Salads

Our well-balanced lunches available for the week, Average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



Happy Spring!



5 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy
Dinner Roll
Fresh or Chilled Fruit

6 Breakfast for Lunch New Recipe! Egg & Turkey Chorizo Burrito
Hash Browns
Fresh or Chilled Fruit

7 Pasta Bar with choice of Meatballs & Marinara Sauce, Meat Sauce, or Alfredo Sauce
Garlic Bread
Sautéed Spinach
Fresh or Chilled Fruit

1 Buffalo Chicken or Creamy Mac & Cheese
Dinner Roll
Steamed Broccoli
Fresh or Chilled Fruit

2 Twisted Cheesy Breadsticks with Marinara Sauce
Pasta Marinara
Freshly Prepared Garden Salad
Fresh or Chilled Fruit



National School Breakfast Week

12 New Recipe! Crispy Chicken on a Biscuit with Maple Sriracha Sauce
Sweet Potato Fries
Fresh or Chilled Fruit

13 Taco Tuesday Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa
Rice
Steamed Corn
Fresh or Chilled Fruit

14 Roast Turkey with Gravy
Dinner Roll
Mashed Potatoes
Steamed Carrots
Fresh or Chilled Fruit

15 Philly Cheesesteak Hero with Peppers & Onions
Potato Wedges
Fresh or Chilled Fruit

16 New Recipe! Bella's Pizza New York Style
Freshly Prepared Caesar Salad
Gelatin Fruit Cups
Fresh or Chilled Fruit

19 Crispy Bacon Chicken Swiss Sandwich
Emoji Fries
Fresh or Chilled Fruit

20 Spanish Dish Chicken
Yellow Rice
Beans
Fresh or Chilled Fruit

21 Meatball Parm Hero
Vegetable Medley
Fresh or Chilled Fruit

22 New Recipe! General Tso's Popcorn Chicken Lettuce Wraps with Asian Slaw
Steamed Rice
Fresh or Chilled Fruit

23 Mini Cheese Calzones with Marinara Sauce
Freshly Prepared Cucumber & Tomato Salad
Fresh or Chilled Fruit

26 Meatless Monday New Recipe! Cheese Lasagna Rollup with Marinara Sauce
Warm Breadstick
Broccoli Italiano
Fresh or Chilled Fruit

27 New Recipe! Plain or Spicy Chicken Nugget Basket
Dinner Roll
Potato Wedges
Fresh or Chilled Fruit

28 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce
Sweet Potato Tots
Fresh or Chilled Fruit

29 SCOOP-A-BOWL
Taco Meat & Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa
Tostitos SCOOPS®
Tortilla Chips
Steamed Corn
Fresh or Chilled Fruit

30 School Closed

MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (973) 928-5544



"This institution is an equal opportunity provider"