



## Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!



**Student Breakfast**

**\$1.90**

**Adult Breakfast**


**\$2.50**

**Reduced Breakfast**

**\$0.30**

### NUTRITION NEWS:

May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	2 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	3 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	4 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
7 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	8 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	9 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	10 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	11 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
14 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	15 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	16 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	17 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	18 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
21 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	22 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	23 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	24 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	25 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
28 <b>Memorial Day</b>  <b>School Closed</b>	29 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	30 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	31 Assorted Cereal with Muffin Assorted Fruit 100% Fruit Juice Milk Selection	

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MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"