

Passaic Arts & Science High School

May 2018
Lunch Menu

Student Lunch \$2.90 Reduced Lunch \$0.40 Adult Lunch \$3.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**Halal
Great
Grillers**

Hamburger or Cheeseburger on a Bun
Buffalo or Chicken Patty on a Bun
Hot Dog on a Bun

Halal Sandwiches Available Daily

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

**Deli
Central**

Tuna Salad Sandwich

Peanut Butter & Jelly Sandwich

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

**Harvest
Market** Fridays– Assorted Specialty Salads

Our well-balanced lunches available for the week, Average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



The Main Event

Monday Tuesday Wednesday Thursday Friday

	<p>1 Rodeo Burger on a Bun with Onion Rings and BBQ Sauce Confetti Fries Fresh or Chilled Fruit</p> <p>National Hamburger Month</p>	<p>2 Crispy Chicken on a Biscuit with Honey Sriracha Sauce Spiral Fries Fresh or Chilled Fruit</p>	<p>3 CINCO DE MAYO Celebration Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Steamed Rice Corn Fresh or Chilled Fruit Warm Cinnamon Churro</p>	<p>4 STAR WARS DAY Lightsaber Pizza Dippers with Pasta Marinara Chewbacca Cucumber Coins Fresh or Chilled Fruit</p> <p>School Lunch Hero Day</p>
<p>7 Spicy or Plain Chicken Tender Basket Warm Breadstick Tater Tots Fresh or Chilled Fruit</p>	<p>8 Pasta Primavera with Garden Vegetables Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>9 Meatball Parm Sub Oven Baked Fries Fresh or Chilled Fruit</p>	<p>10 General Tso's Popcorn Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit</p>	<p>11 Stuffed Crust Cheese Pizza Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit</p>
<p>14 Meatless Monday Three Cheese Grilled Cheese Sandwich Freshly Prepared Country Slaw Fresh or Chilled Fruit</p>	<p>15 Cheese Lasagna Rollup with Marinara Sauce Garlic Bread Broccoli Italiano Fresh or Chilled Fruit</p>	<p>16 Hot Open-Faced Turkey Sandwich Mashed Potatoes with Gravy Steamed Carrots Fresh or Chilled Fruit</p>	<p>17 Bacon, Chicken & Cheese Quesadilla with Salsa Black Bean & Corn Salad Fresh or Chilled Fruit National Salsa Month</p>	<p>18 Personal Pan Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit</p>
<p>21 Crispy Chicken BLT Sandwich Potato Wedges Fresh or Chilled Fruit</p>	<p>22 Firecracker Burger on a Bun with Boom Boom Sauce Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month</p>	<p>23 Pasta Bar with choice of Meatballs & Marinara Sauce, Meat Sauce, or Alfredo Sauce Dinner Roll Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>	<p>24 Breakfast for Lunch Bacon, Egg & Cheese on a Croissant Hash Browns Fresh or Chilled Fruit National Egg Month</p>	<p>25 Bella's Pizza New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>28 Memorial Day  School Closed</p>	<p>29 Beef Hot Dog on a Bun French Fries 100% Juice Sorbet Fresh or Chilled Fruit</p>	<p>30 New Recipe! Turkey & Cheese Panini with Chipotle Mayo Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>	<p>31 Roast Chicken Dinner Roll Mashed Potatoes with Gravy Sauteed Spinach Fresh or Chilled Fruit</p>	

Vegetarian Awareness Week

MENU SUBJECT TO CHANGE

Questions or Concerns?

Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: (973) 928-5544

