



# Passaic Arts & Science Clifton Campus K-2

## October 2017 Lunch Menu



**Cook Up your own Recipe for Success**  
during National School Lunch Week!

This month we are asking **you** to create a recipe for Maschio's!  
Please visit Maschio's website for our Recipe Contest details.

There will be three winners company-wide.  
Each winner will receive a gift basket and gift card.

Each winner's recipe creation will be featured on the January  
Menu!

All meals are served with the Vegetable  
of the Day and/or a selection from  
Mac's Veggie Patch, Fruit of the Day  
and Low Fat Milk Choice

Student Lunch \$2.90

Reduced Lunch \$0.40

Adult Lunch \$3.75

### Maschio's Swap Outs

**Monday:** Crispy Chicken salad with  
a Dinner Roll

**Tuesday:** Turkey & Cheese Sandwich

**Wednesday:** Turkey, Ham, and Cheese  
Sandwich

**Thursday:** Italian Sub

**Friday:** Tuna Salad Sandwich

Maschio's Swap Outs Available Daily


### Assorted Halal Sandwiches

Yogurt Bag  
Bagel Bag  
Cereal Bag  
Fruit & Cheese Platter with Pita

Connect with us!



Fresh Vegetables, Featured  
Salads, Bean Salad, or Veggie  
Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn Chicken with Dipping Sauces Dinner Roll Locally Grown Veggie Dippers Fresh or Chilled Fruit	3 Hamburger or Cheeseburger on a Bun Tater Tots Fresh or Chilled Fruit	4 <b>National Taco Day!</b> Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Diced Tomatoes, and Salsa Steamed Rice Corn Fresh or Chilled Fruit	5 <b>BBQ Grilled Chicken Sandwich</b> Country Slaw Vegetarian Baked Beans Strawberry Applesauce	6 <b>Personal Pan Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
9 <b>School Closed</b>	10 <b>School Closed</b>	11 <b>Breakfast for Lunch</b> <b>French Toast Sticks</b> Breakfast Sausage Hash Browns Fresh or Chilled Fruit	12 <b>New Recipe!</b> #Throwback Thursday <b>Cheeseburger Mac &amp; Cheese</b> Soft Pretzel Stick Steamed Broccoli Fresh or Chilled Fruit	13 <b>Stuffed Crust Pizza</b> Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit
<b>NATIONAL SCHOOL LUNCH WEEK</b>				
16 <b>Lucky Tray Day</b> <b>Crispy Chicken BLT on a Roll</b> Fresh Cucumber Coins Fresh or Chilled Fruit	17 <b>All Natural Beef Hot Dog on a Bun</b> French Fries Fresh or Chilled Fruit	18 <b>SCOOP-A-BOWL</b> Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	19 <b>Breakfast for Lunch</b> <b>Pancakes</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 <b>Twisty Cheesy Breadsticks with Marinara Sauce</b> Locally Grown Veggie Dippers Fresh or Chilled Fruit
23 <b>Grilled Cheese Sandwich</b> Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit	24 <b>New Recipe!</b> <b>Chicken Fried Rice</b> Steamed Vegetables Mandarin Oranges Fortune Cookie	25 <b>Pasta with Meat Sauce</b> Warm Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	26 <b>Chicken Nuggets</b> Fresh Vegetable Pasta Salad Fresh Veggie Dippers Fresh or Chilled Fruit	27 <b>Bella's Pizza</b> New York Style Freshly Prepared Italian House Salad Fresh or Chilled Fruit
30 <b>New Item!</b> <b>Chicken Tenders Basket</b> Smile Fries <b>Pumpkin Pretzel</b> Fresh or Chilled Fruit	31 <b>HALLOWEEN</b> <b>Turkey Corn Dog Nuggets</b> Sweet Potato Tots 100% Juice Orange Sorbet			

Our well-balanced lunches available for the week,  
average between **550-650 calories**, with **less than 10%**  
of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns?  
Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
or Call Maschio's Food Services at: (973)928-5544



MENU SUBJECT  
TO CHANGE

"This institution is an equal opportunity provider"